FACILITATING NEUROMIXED COMMUNICATION IN THE WORKPLACE: A GUIDE FOR ALLISTICS (NON-AUTISTICS)

Creating environments which foster the well-being of the entire team

In a cooperative, open-plan work environment, two allistic employees, Maïka and Mylène, work together on a project. Beside them, one can see the door of a mixed toilet (non-gendered).

Later, in the "Quiet Den," Mylène does some stretches, on a yoga mat. Beside her, Alex works on payroll preparation.

The Quiet

Den

This new space is fun, I like it.

I can take a break and stretch

when my back hurts too much.

I like the open-plan layout, I really feel part of a team.

I like this space. It lets me

get ahead in preparing the

payroll. Working here allows

me to go faster; it's quieter

and I get less tired.

Me too, I like this, but sometimes I need calm. The new quiet room, which we call the Quiet Den, is ideal for that.

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